

The 8 P'S for Disaster (What you need to gather when evacuating your home during a disaster)

1. People
2. Pets
3. Personal Computer
4. Prescriptions
5. Papers
6. Photos
7. Phone (& charger)
8. Passage (roads available to get away)

1. People

- Where are they?
- How to reach them
- Set up a meeting place for emergencies and use phone trees if possible
- Practice your plan

2. Pets

- Food/medicines

3. Personal computer

- Have info backed up on portable disks/backup drives
- Portable chargers/battery

4. Prescriptions

- Have a list of your necessary Rx including dosages
- Which pharmacy last filled
- Have a small Rx supply in your Go Bag with an extra pair of glasses
- Have a first aid kit with Motrin/Neosporin etc

5. Papers

- DL/Insurance cards/vital documents
- Put on your phone or the cloud via photos
- List of prescriptions/contact info

6. Photos

- Digital copies to the cloud
- Give copies to family friends out of the area
- Irreplaceable memorabilia

7. Phone

- Have a landline – may work when power is out
- Chargers
- Paper phone book

8. Passage

- What roads are closed /open?
- For San Mateo county : <https://www.smcgov.org/ceo/smc-alert>
- For Santa Clara county: <https://emergencymanagement.sccgov.org/home>

If you will be providing care at the hospital during a disaster, please consider the following;

You may be asked to come for a prolonged period time therefore be sure to bring with you:

1. Your medications and personal care items
2. Change of clothing
3. Favorite snacks
4. Change of linen (as the laundry service may be limited)
5. Phone charger
6. Hospital and driver license ID
7. Contact phone number for family members and a contact number outside of the state if local phone numbers are overwhelmed with calls
8. When leaving the hospital:
 - Verify that the route you are going to is open and safe.
 - Be sure to take all your personal belongings with you as you may not be able to return.

Have a GO BAG ready and include:

- i. Medications for 48 hours
- ii. Glasses/contacts
- iii. First aid kit
- iv. Hearing aids
- v. Extra keys
- vi. Water and snack bars
- vii. Change of clothes and toiletries
- viii. Cash in small bills
- ix. credit cards
- x. ID
- xi. Flashlight and batteries
- xii. Portable radio
- xiii. Face mask or respirator for smoke and debris
- xiv. Cellphone and charger with portable battery charger