

**Teamwork...**



**Teaching...**



**Compassionate care...**



**Stanford University  
School of Medicine  
Department of Obstetrics and Gynecology**

**Leslee Subak, MD - Chair  
Kate Shaw, MD - Program Director  
Maurice Druzin, MD - Associate Program Director  
Michelle Solone, MD - Assistant Program Director**



**Residency Training Program**

**INTRODUCTION**

The Department of Obstetrics and Gynecology at Stanford University School of Medicine is a top ranking clinical and research department offering a four-year residency training program designed to offer a broad exposure to all aspects of the health care of women. The goal of the program is to support and guide resident physicians in acquiring the knowledge and clinical acumen required to provide outstanding clinical care in gynecologic and obstetrical practice in a collegial environment. The program offers an intense exposure to both routine and complex General Obstetrics and Gynecology and the subspecialties of Gynecologic Oncology, Urogynecology & Pelvic Reconstruction, Maternal Fetal Medicine, Reproductive Endocrinology & Infertility, and Family Planning.

**DIVERSITY**

We are committed to learning from, caring for, and to equally valuing all members of our community, irrespective of race, ethnicity, religion, gender, gender-identity, sexual orientation, citizenship, abilities, and political views.

**FACILITIES**

Stanford University School of Medicine and Stanford Hospital and Clinics are located thirty-five miles south of San Francisco on the campus of Stanford University. Stanford Hospital is a world-renowned tertiary care facility with over 600 patient beds, 20 inpatient operating rooms, an outpatient Surgery Center with 37 operating rooms. The Lucile Packard Children's Hospital is a Nationally ranked and internationally recognized hospital adjacent to the main hospital and contains a state-of-the art Labor and Delivery Suite with 10 private rooms, 3 operating rooms, an antenatal monitoring unit. The neonatal intensive care unit is adjacent to the Labor & Delivery suite and provides all modern neonatal facilities, including ECMO. Stanford Hospital is currently undergoing a massive expansion project, which started to phase in new facilities in 2015.

## RESIDENTS 2018 – 2019

The Stanford Obstetrics and Gynecology Residency Program represent a broad geographic spectrum of residents known for their camaraderie and teamwork. Our residency encourages resident input and fosters a collegial spirit.

### PGY-1

Roshan Burns, MD	UC Irvine
Gillian DiLallo	Duke University
Sarah Johnson, MD	Rush Medical College
Erica Martinez, MD	University of Colorado
Lindsay McCallum, MD	UC Irvine
Tené Redman, MD	University of Florida

### PGY-2

Paige Bates, MD	Thomas Jefferson University
Jasmyn Johal, MD	Virginia Commonwealth
Hayley Miller, MD	Rush Medical College
Brad St. Martin, MD, MPH	University of Kentucky
Alisha Tolani, MD	Stanford University
Anne Waldrop, MD	George Washington University

### PGY-3

Mana Baskovic, DO	Western Univ. of Health Sciences
Jaclyn Estes, MD	Cornell University
Amitha Ganti, MD	USC
Andrea Henkel, MD	Georgetown
Michele Torosis, MD	UC Irvine
Ange Wang, MD	Stanford University

### PGY-4

Elena Bryce, MD	Albert Einstein University
Brindha Bavan, MD	Stanford University
Lauren Harrington, MD	University of Colorado
Nicole Marjon, MD, PhD	University of New Mexico
Nichole Young-Lin, MD	UC San Francisco

### Class of 2018

Michelle Apple, MD	Kaiser, Sacramento
Caroline Haunschild, MD	Gyn Onc, UC Irvine
Jocelyn Ray, MD, PhD	Gyn Onc, Temple
Justin Thompson, MD	Private Practice, Palo Alto
Chrislyn White, MD	Private Practice, East Bay

### Class of 2017

Samantha Do, MD	MFM Fellowship, Stanford
Zena Kharsa, MD	Private Practice, Bay Area
Gaya Murugappan, MD	REI Fellowship, Stanford
Sanaa Suharwardy, MD	MIGS Fellowship, Stanford
Lindsay Wheeler, MD	Gyn Onc Fellow, U of Colorado

### Class of 2016

Lisa Chao, MD	MIGS Fellowship, U of Pitt
Kim Edwards, MD	Private Practice, Oregon
Emily English, MD	UroGyn Fellow, U of Michigan
Michelle Solone, MD	Generalist, Stanford Faculty
Eleonore Werner, MD	Generalist, U of Michigan Faculty

## APPLICATION AND INTERVIEW

The Department of Obstetrics and Gynecology accepts six residents at the PGY-1 level and participates in the National Residency Matching Program (NRMP). All applications from individuals who have completed or are completing requirements at an accredited medical school will be considered. A limited number of outstanding individuals will be granted personal interviews at Stanford. Although senior electives in the department are not required for application, interested students should direct their inquiries to the Director of the Medical Student Clerkship in care of the Department of Obstetrics and Gynecology:

Medical Clerkship Director  
Department of Obstetrics and Gynecology  
Stanford University School of Medicine  
300 Pasteur Drive, Rm. HH333  
Stanford, CA 94305-5317  
650-721-1036

The department participates in the Electronic Residency Application System (ERAS). To apply for Residency, contact your Dean's Office. Paper applications will not be accepted. A minimum of **three** letters of recommendation are required to be uploaded through ERAS. **Applications received after October 1, 2018 will be considered for waitlist only. The deadline for submission of electronic applications is November 15th.**

### 2018-2019 Interview Dates

Saturday November 10, 2018  
Monday November 26, 2018  
Monday December 3, 2018

Our web address is:

<http://obgyn.stanford.edu/education/residency.html>

For further questions, call the Residency Program Manager: Jackie Signor at (650) 498-7570 or [jsignor@stanford.edu](mailto:jsignor@stanford.edu)

Foreign medical school graduates should write to:

ERAS Program  
ECFMG  
P.O. Box 13467  
Philadelphia, PA 19101-3467  
USA

Stanford Hospital and Clinics believes that a residency and fellowship program that is composed of individuals who are both highly qualified and diverse in terms of culture, class, gender, race, ethnicity, background, work and life experiences, skills, and interests is essential to the postgraduate education of physicians. Because of its strong belief in the value of diversity, SHC especially encourages applications from applicants whose backgrounds and experience provide additional dimensions that will enhance the postgraduate education program. This includes racial, ethnic, religious, sexual orientation, gender identity,

Link to the House Staff Policies & Procedures for the current academic year from the GME website:

<http://med.stanford.edu/gme/policy/>

Class of 2023 starts orientation June 15, 2018

## CLINICAL EXPERIENCE

The sequence of assignments, in 4-week blocks has been designed to ensure that residents have increasing responsibility and autonomy in patient management. The PGY-1 year is designed to establish a foundation in the basics through exposure to Obstetrics, Gynecology: Inpatient, Outpatient and OR, GynOnc, Family Planning and Ultrasound and off service rotations in SICU and ED. The PGY-2 year continues to build on the basics with introduction of more subspecialties including MFM, REI, Pediatric Gyn and Urogyn. PGY-3 and 4 years are spent responsible for the clinical services and encourage to develop clinical and operative teaching skills.

### Patient Population/Academic-County hybrid

Residents care for a diverse population of patients. At Stanford Children's Labor & Delivery they manage patients from high and low risk Stanford clinics and San Mateo County hospital. On benign gynecology, the residents rotate at the Palo Alto Veteran's Administration and are exposed to private practices in the community. Rotation at El Camino Hospital, a private community hospital, complements the extensive experience in benign Gyn and GynOnc surgery at Stanford. Additionally, residents operate at San Mateo County Hospital during their Women's Health block.

### Selectives

The PGY-4 year includes clinical and non-clinical selectives. The residents, with guidance from their individual mentor, design a schedule to meet their individual goals and career plans as physicians. Options for clinical selectives include MFM clinic, Gyn Clinics, Complex Family Planning, REI, Peds, Oncology, Radiology/Pathology, MICU, OB anesthesia, Palliative Care, Genetics and more. The non-clinical selective can be used for research, advocacy, global health, biodesign or one of many other unique opportunities in the greater Stanford community.

PGY-1	PGY-2	PGY-3	PGY-4
Obstetrics 8 weeks	Obstetrics 8 weeks	Jeopardy 8 weeks	Obstetrics 8 weeks
Gyn Oncology 8 weeks	Gyn Oncology 8 weeks	Gyn Oncology Chief 4 weeks	Gyn Oncology Chief 4 weeks
Benign Gynecology 8 weeks	Benign Gynecology 8 weeks	Benign Gyn/VA 8 weeks	Benign Gynecology 8 weeks
Ambulatory* 8 weeks	REI 4 weeks	Women's Health*** 4 weeks	Women's Health*** 4 weeks
OB Night Float 8 weeks	Gyn Night Float 4 weeks	OB&Gyn Night Float 4 weeks each	OB Night Float 4 weeks
Quality Improvement 1 week	Peds Gyn** 4 weeks	Private Gyn & Onc El Camino 4 weeks	Private Gyn & Onc El Camino 4 weeks
Emergency Room 3 weeks	MFM/Genetics 4 weeks	Urogynecology 8 weeks	Clinical Selectives 12 weeks
SICU 3 weeks	Antepartum 8 weeks	Research/Global 4 weeks	Non-Clinical Selective 4 weeks

\*includes Gyn clinic, MFM clinic, primary care, Planned Parenthood, OB ultrasound, Sexual Medicine, REI

\*\*includes Peds Gyn and Peds Transgender clinics and Peds Gyn OR

\*\*\*Gyn surgery at San Mateo County, Outpatient procedure clinic: colpo, LEEP, etc; vulvar dermatology

## CONTINUITY CLINICS

Stanford offers a true continuity clinic experience starting intern year, where residents are identified as the primary care giver for the same group of patients throughout their residency. Residents are encouraged to manage their own patients as a team, as if they were in their own practice group of 7-8 residents.

## CALL & VACATION

Administrative chief residents create the resident call, holiday and vacation schedule. Residents have at least one call free weekend per month to enjoy the S.F. Bay area. The 3-person night float team works five nights per week, Sunday-Thursday. Each resident has 3 weeks of vacation per year plus 5 days off at either Thanksgiving or Christmas.

## CONFERENCES, LECTURES AND SEMINARS

The Department of Obstetrics and Gynecology provides a rigorous educational program for the residents, students, and faculty. The residents are provided with four hours of protected teaching time every Monday from 7:30AM to 11:30AM including Grand Rounds and an M+M conference.

Additional regularly scheduled conferences include:

- Annual summer surgical boot camp
- Joint perinatal conferences with MFM and neonatology
- Weekly Multi-Disciplinary Gynecologic Oncology Tumor Board
- Benign Gynecology Pathology teaching conference
- Separate preoperative teaching conferences for: Gyn, Urogyn and Gyn-Onc
- REI 2-hour didactic conference, including a journal club and IVF conference
- Family Planning monthly journal clubs and uses the Ryan Program Curriculum

## SIMULATION

Through a robust simulation program, use of multidisciplinary OB simulation sessions, hands on skills sessions using realistic models for Gyn and OB skills, laparoscopy labs with models and cadavers and robotic simulation training compliment clinical exposure to enhance learning, surgical skills and emergency preparedness.

## RESEARCH PROJECTS

Residents are required to complete a project with one of the departmental faculty members, or to initiate an independent project under the guidance of an affiliated department within the School of Medicine. Each project is expected to be summarized in a report suitable for publication and is presented at the annual department Resident Research Day at the end of PGY-3. Many residents present their research at national conferences. Some residents chose to participate and complete multiple research projects. Residents have completed both clinical and basic science projects within MFM, REI, Gyn Onc, Family Planning, Urogyn and benign Gyn. Residents are encouraged supported to present their research at national meetings.

## GLOBAL HEALTH

Through a broad global network of faculty colleagues and associates, residents have the opportunity to spend their elective time in a wide variety of international settings. The Global Outreach for Faculty and Residents (GoFar) Stanford is a departmental program that helps support residents, fellows and faculty in global outreach in the field of Ob/Gyn in education and service delivery. Residents can apply for grant support for global experiences on their elective rotation. There are additional opportunities with SPIRES, the Stanford Program for International Reproductive Education and Services, which focus on areas of reproductive health in developing countries working with local non-governmental or academic institutions. We strive to provide mentored, intensive experiences during these electives aimed at providing the resident with an authentic in-country experience.

## FAMILY PLANNING

We consider family planning – provision of contraception and abortion – an essential aspect of comprehensive women's reproductive healthcare. Family planning training is integrated into clinical rotations starting in the first year on benign gynecology and ambulatory rotations. Through our Ryan Program, our residents reach competency in first trimester abortion by end of intern year with exposure to second trimester and complex abortion starting in the first year and throughout the four years.

## FELLOWSHIP TRAINING

The Department currently offers subspecialty fellowships in Maternal-Fetal Medicine (MFM), Gynecologic Oncology, Female Pelvic Medicine & Reconstructive Surgery (Urogyn), Reproductive Endocrinology and Infertility (REI) and Family Planning. These fellowships are viewed as enhancement to resident education and provide opportunity for exposure to fellowship community and research opportunities.

## TEACHING FACULTY

Leslee Subak, MD, *Professor and Chair*  
Maurice Druzin, MD, *Vice Chair*

### Division of General Gynecology

Paul Blumenthal, MD, MPH, *Director*  
Kate Shaw, MD, MS, *Associate Director*  
\*\*Paula Hillard, MD                      Lisa Goldthwaite, MD, MPH  
Jennifer Conti, MD, MS                  Linh Tran-Ito, MD  
\*\*\*Deirdre Lum, MD                      Michelle Solone, MD  
Navi Reiners, MD, MPH                  John Wachtel, MD  
Amy Voedisch, MD, MS                  Michele Hugin, MD

### Division of Family Planning

\*Paul Blumenthal, MD, MPH, *Director*  
Kate Shaw, MD, MS, *Associate Director*  
Amy Voedisch, MD, MS                  Jennifer Conti, MD MS  
Lisa Goldthwaite, MD, MPH              Wing Kay Fok, MD MS  
Michele Hugin, MD

### Division of Urogynecology

Bertha Chen, MD, *Director*                  Lisa Rogo-Gupta, MD  
Leslee Subak, MD, *Chair*                      \*Eric Sokol, MD  
Kavitra Mishra, MD

### Division of Maternal-Fetal Medicine and Obstetrics

Yasser El-Sayed, MD, *Director*  
\*Deirdre Lyell, MD *Assoc Director*  
Maurice Druzin, MD, *Vice Chair*  
Jane Chueh, MD                                  Scarlett Karakash, MD  
Amen Ness, MD                                      Amy Judy, MD, MPH  
Martha Rode, MD                                      Tiffany Herrero, MD  
Natali Aziz, MD (MFM/ID)                          Ronald Gibbs, MD (MFM/ID)  
Virginia Winn, MD, PhD                              Mark Boddy, MD  
Katherine Bianco, MD                                  Yair Blumenfeld, MD  
Erica Wu, MD  
**General Obstetrics**  
Laura Brodzinsky, MD                                  Cynthia DeTata, MD  
Susan Crowe, MD                                      Jeffrey Faig, MD  
Kay Daniels, MD                                      Kimberly Harney, MD  
Navi Reiners, MD MPH                                  Michelle Solone, MD  
Linh Tran-Ito, MD                                      Jennifer Conti, MD MS  
Colleen Moreno DNP, APRN, CNM                  Emily Hardy, CNM, WHNP-BC

### Division of Gynecologic Oncology

\*Oliver Dorigo, MD, PhD, *Director*                  Jonathan Berek, MD, MMS  
Amer Karam, MD, *Assoc Director*                  Nelson Teng, MD, PhD  
Diana English, MD                                      Lisa Diver, MD

### Division of Reproductive Endocrinology & Infertility

Valerie Baker, MD, *Director*                          \*Lynn Westphal MD  
Barry Behr, PhD    Steven Nakajima, MD  
Ruth Lathi, MD    Lusine Aghajanova, MD  
Amin Milki, MD    Jack Huang, MD, PhD

\*Fellowship Directors

\*\*Pediatric and Adolescent Gynecology

\*\*\*Minimally Invasive Gynecologic Surgery

## Campus events...



## Conferences...



## Celebrating colleagues...

